

WRITTEN TEST FOR THE POST OF WARD SISTER – A

Date : 23.05.2018

Duration: 1hour

Time : 10.00 a.m

Total marks : 50

1. A 78 year old patient is admitted to the emergency department with numbness and weakness of the left arm and slurred speech. Which among the following nursing intervention is of utmost priority
 - A. Prepare to administer recombinant tissue plasminogen activator (rt-PA).
 - B. Discuss the precipitating factors that caused the symptoms.
 - C. Schedule for a STAT CT scan of the brain
 - D. Notify the speech pathologist for an emergency consult
2. What is the priority nursing assessment in the first 24 hours after admission of the patient with a thrombotic stroke?
 - A. Cholesterol level
 - B. Pupil size and pupillary response
 - C. Bowel sounds
 - D. Echocardiogram
3. How often should rescuers switch roles when performing two-rescuer CPR?
 - A. After every cycle of CPR
 - B. After every two cycles of CPR
 - C. After every five cycles of CPR
 - D. After every 10 cycles of CPR
4. Narcotics that are derived from opium are
 - A. Codeine and Morphine
 - B. Morphine and endorphin
 - C. Celecoxib and morphine
 - D. Celecoxib and codeine
5. Which one of the following statement is true
 - A. All biomedical waste products can be destroyed by incineration
 - B. Waste segregation must start from the point of waste production
 - C. Waste segregation must be started at the time of final waste disposal
 - D. Cytotoxic waste need to be autoclaved before disposal
6. International Nurses Day theme 2018 is
 - A. Nurses: A voice to lead - Health is a Human Right
 - B. Nurses: Leading Care Innovation
 - C. Nurses: A voice to lead - Achieving the Sustainable Development Goals
 - D. Nurses: A Force for Change: Improving Health Systems' Resilience
7. A brief standardized indoctrination to an agency's philosophy, purpose, policies and regulations given to each Nurse during his or her first 2-3 days of employment is termed as
 - A. Induction training
 - B. Orientation
 - C. In-service education
 - D. Continuing education
8. A Ward sister identifies that one of her staff is experiencing burnout. The most appropriate intervention is to
 - A. Advise her to concentrate in duty and show loyalty to institution
 - B. Record this observation and inform to higher authority
 - C. Allow the staff to ventilate her feelings and ask how you can help her
 - D. Advise her to go for a vacation

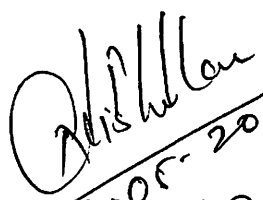
9. Regarding elements of administration POSDCORB, CO stands for
 - A. Communication
 - B. Controlling
 - C. Coordinating
 - D. Cooperation
10. The basis of HML analysis in inventory control is
 - A. Annual Consumption value
 - B. Consumption pattern of items
 - C. Unit cost of items
 - D. Problems faced in procurement
11. Which intention best describes the alerting of a sentinel events in the ward?
 - A. To document the breakdown in communication in a shift report
 - B. To indicate that a community or hospital is not safe
 - C. To record the harm done when a medication error occurs
 - D. To signal the need for immediate investigation and response
12. Which of the following ethical principle incorporates the concept that it is the duty of the nurse to maximize the individual's right to make his or her own decisions?
 - A. Justice
 - B. Veracity
 - C. Fidelity
 - D. Autonomy
13. In ISBAR communication model, "R" stands for
 - A. Recommendation
 - B. Resolution
 - C. Recording
 - D. Referral
14. For an unvaccinated person , the risk of acquiring HIV infection following a single Needle stick injury or cut exposure with HIV infected blood ranges from
 - A. 6 % - 30 %
 - B. 40 % - 50 %
 - C. 0.1 % - 0.3 %
 - D. 0.8 % - 1.8 %
15. A descriptive statement of desired quality against which nursing care given to a patient is evaluated is termed as
 - A. Outcome statement
 - B. Total quality management
 - C. Nursing care standard
 - D. Quality control
16. A Ward sister is planning to implement a new Infection policy in the ward. While doing so, she receives ideas and suggestions from her subordinates. This leadership style which best explains her action is
 - A. Free- rein
 - B. Participative
 - C. Autocratic
 - D. Directive
17. The type of decision making that the Ward sister uses very frequently and is directly concerned with the day to day management of the ward
 - A. Strategic decision
 - B. Tactical decision
 - C. Individual decision
 - D. Group decision

18. A semiconscious patient was placed in a bed without railing. She fell down from bed and develops fracture of the pelvic bone. This is an example of
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|----------------|------------|
| A. Malpractice | C. Assault |
| B. Negligence | D. Battery |
19. Which article of Indian constitution deals with right to health
- | | |
|----------------|---------------|
| A. Article 223 | C. Article 21 |
| B. Article 226 | D. Article 32 |
20. A Ward sister creates a sense of team spirit and sense of belongingness among all categories of her staffs. This management principle is termed as
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|-----------|--------------------|
| A. Order | C. Scalar chain |
| B. Equity | D. Esprit de Corps |
21. A Ward sister appreciates the exemplary work of her subordinate in presence of her colleagues. This action of the charge nurse satisfies which level of needs in Maslow's hierarchy.
- | | |
|-----------------|-----------------------------|
| A. Social needs | C. Self-actualization needs |
| B. Esteem needs | D. Basic needs |
22. Which color coded bags are used to collect used blood bags as per the Bio Medical Waste Management rule 2016?
- | | |
|---------|-----------|
| A. Blue | C. Yellow |
| B. Red | D. White |
23. The committee specifically set up in workplace which deals with sexual harassment of women at workplace is
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|----------------------------------|--------------------------------|
| A. Grievance committee | C. Sexual harassment committee |
| B. Internal complaints committee | D. Women complaints cell |
24. The performance appraisal technique used by a superior to collect feedback of an employee's performance from multiple sources is
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|--------------------------------|-----------------------------------|
| A. Critical incident technique | C. Field review method |
| B. Ranking method | D. 360- degree feedback appraisal |
25. To ensure surgical safety, the set of actions performed in the operating room, immediately before the planned procedure is initiated is termed as
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|-------------|-------------|
| A. Sign in | C. Time in |
| B. Sign out | D. Time out |
26. In the acronym BE FAST used for recognizing stroke symptoms, "B" stands for
- | | |
|--------------|----------------------|
| A. Breathing | C. Bilateral vision |
| B. Balance | D. Bilateral hearing |

27. Cardiac index is calculated by
- Dividing cardiac output by Body Surface Area
 - Multiplying cardiac output and Body Surface Area
 - Multiplying Cardiac output and Body Mass Index
 - Dividing Cardiac output by Body Mass Index
28. One unit of fresh blood raises the Hb% concentration by
- 0.1 gm%
 - 1 gm%
 - 2.2 gm%
 - 2 gm %
29. A score of 11 in Braden scale indicates that the risk of developing pressure ulcer is
- High Risk
 - Moderate Risk
 - Mild Risk
 - No Risk
30. The developmental stage while building a team characterized by turbulence and stress among members due to problems related to personality, trust building and goal orientation is
- Forming stage
 - Storming stage
 - Norming stage
 - Performing stage
31. Irregular, unpredictable, rapid involuntary muscle contractions:
- Akinesia
 - Apraxia
 - Vocal Tics
 - Chorea
32. Absolute contraindications in using Intra-Aortic Balloon pump is
- Aortic regurgitation
 - Acute myocardial infarction
 - Acute Mitral Regurgitation
 - Refractory unstable angina
33. The care delivery model designed to coordinate and manage patient care across the continuum of Health Care System is termed as
- Case management method
 - Modular nursing
 - Case method
 - Primary nursing method
34. The ABC analysis of inventory control is based on
- FOCUS Model
 - Pareto's principle
 - PLUS model
 - Putman's principle
35. The type of cost analysis where a comparison of costs of intervention is done in monetary units with outcomes in qualitative non-monetary units is called
- Cost-Utility Analysis
 - Cost-Benefit Analysis
 - Cost-Effectiveness Analysis
 - Cost-Consequence Analysis
36. A Staff Nurse was transferred from one unit to another as a punishment for in-disciplinary action. This is a type of
- Replacement transfer
 - Panel transfer
 - Remedial transfer
 - Shift transfer

37. While resolving a conflict, a Nurse Manager set aside his own goals in favor of giving the employees what they want. This type of low assertive and high cooperation mode is termed
- Collaborating
 - Accommodating
 - Compromising
 - Avoiding
38. Procalcitonin is a marker of
- Bacterial infection
 - Viral infection
 - Parasitic infection
 - Fungal infection
39. When a fire breaks out, evacuate first the:
- Non-Ambulant Patients
 - Semi-Ambulant Patients
 - Ambulant Patients
 - Unconscious Patients
40. The standard duration of antiretroviral drugs regimen provided for HIV post-exposure prophylaxis is
- Single dose treatment
 - 28 days treatment
 - 48 days treatment
 - 72 days treatment
41. Which one of the following is not true regarding decentralization?
- The subordinates get the chance to decide and act independently
 - Operations can be handled at divisional level
 - There is more burden on top administration
 - Greater motivation and moral of the employees
42. Hydrogen Peroxide are example of
- High Level disinfectant
 - Low Level disinfectant
 - Intermediate Level disinfectant
 - Very low level disinfectant
43. World Parkinson's Day is celebrated on
- 11 May
 - 11 April
 - 13 September
 - 13 August
44. Code of Ethics for Nurses of India was published by Indian Nursing Council in the year
- 2006
 - 1948
 - 2010
 - 1953
45. HEPA stands for
- High Efficiency Particulate Arrestance
 - High Energy Particulate Arrestance
 - High Efficiency Particulate Adsorbent
 - High Energy Particulate Adsorbent

46. It is planned to open a 12 bedded Neuro surgical ward. The number of Nurses required to man the unit with Nurse patient ratio of 1:3 for three shift duty is (leave reserve 30%)
- A. 18
B. 17
C. 16
D. 12
47. The usage "Hot stove rule" applies to
- A. Conflict resolution
B. Discipline
C. Sterilization
D. Authoritative leadership
48. Problem solving process starts with
- A. Clarification of the situation
B. Establishment of alternatives
C. Identification of the difficulty
D. Establishment of objectives
49. Positive pressure ventilation should be maintained in operation theatre during
- A. Operational hours
B. Nonoperational hours
C. Both Operational and Nonoperational hours
D. During the first three hours of OT functioning
50. A Ward sister is observing the removal of PPE by a staff nurse. Which of the following sequence is correct
- A. Gloves, goggles, gown and mask
B. Goggles, gown, mask and gloves
C. Gown, mask, gloves and goggles
D. Mask, gloves, goggles and gown


19.05.2018
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Answer key to the Post of Ward Sister
Written examination conducted on 19/05/2018

Question No	Answer
1.	C
2.	B
3.	C
4.	A
5.	B
6.	A
7.	A
8.	C
9.	C
10.	C
11.	D
12.	D
13.	A
14.	C
15.	C
16.	B
17.	B
18.	B
19.	C
20.	D
21.	B
22.	B
23.	B
24.	D
25.	D

Question No	Answer
26.	B
27.	A
28.	B
29.	A
30.	B
31.	D
32.	A
33.	A
34.	B
35.	C
36.	B
37.	B
38.	A
39.	C
40.	B
41.	C
42.	A
43.	B
44.	A
45.	A
46.	C
47.	B
48.	C
49.	C
50.	A

* Question no. 36 avoided during evaluation due to error in the question. Hence total marks is taken as 49.

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19.05.2018
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